



Winter 2023

Active Start Track

PROGRAM INFORMATION

Thursdays

January 12 - March 2
3:30 p.m. - 5:00 p.m.

Grades: 3-8

Cost: \$35/child, \$30/add. child
Financial aid is available to those who show a demonstrated need. Proof of eligibility is required.

Worcester Co. Rec. Center
6030 Public Landing Rd, Snow Hill MD 21863

HOW TO REGISTER

In person, mail or online at
www.PlayMarylandsCoast.org

All payments must be received prior to participation
Make checks payable to: Worcester County



Learn to sprint, hurdle, long jump and more in this youth track program. Technique will be taught through drills and games. Are you ready to run?

Transportation from SHES & SHMS to the Rec. Center is available upon request. Parent/Guardian will need to pick up your child. Spikes are prohibited.

MARYLAND'S
Coast
WORCESTER COUNTY
Recreation & Parks



For more information contact Myro Small at
(410) 632-2144 x2512 or msmall@marylandscoast.org

Youth Registration Form

Please use a separate registration form for each participant under 18.

Worcester County Active Start Track Winter 2023

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Age: _____ School Attending: _____ Grade: _____

Transportation from School (Snow Hill); Yes NO Circle T-Shirt Size: YS (6-8) YM (10-12) YL (14-16) AS AM AL AXL AXXL

Parent/Guardian Name: _____ Home Phone: _____ Daytime/Cell: _____

E-mail: _____

Emergency Contact Name: _____ Phone: _____

Waiver: I, for myself and on behalf of my child, release the County Commissioners of Worcester County and its agents ("Indemnities") from all liability for any damages arising from my child's participation in this program. I agree to indemnify the Indemnities against all claims, including court costs and attorney's fees, arising from that participation. I understand the risks involved in this program. Acknowledgment of Medical Treatment: I authorize medical treatment, at my expense, for my child in the event of an injury or illness during the program. I acknowledge that the County provides no insurance protecting my child. Travel Permission: My child has permission to travel with a coach or adult volunteer to away games as part of the Worcester County Recreation & Parks Department's Youth Program. Acknowledgement of Ability: My child is physically able and has sufficient training for participation in this program. (Worcester County is committed to providing reasonable accommodations to all participants. If your child has special needs, please notify the Department of Recreation & Parks at 410.632.2144. We cannot guarantee that your request will be met unless we are notified in advance.) Photo Release: If pictures are taken during the program, I authorize the use of these photos for publicity purposes. Acknowledgement of Concussion Training: I have received the Fact Sheet for Athletes and the Concussion Training for Parents Information Sheets covering the signs, symptoms, and risks of sports-related concussions. I promise to go over this information with my child. I promise to report my child's symptoms to coaches and staff members. I understand that my child must not have any concussion symptoms before returning to play and it is my responsibility to follow up with a health care provider. I understand the possible consequences of my child returning to practice or play too soon.

Parent/Legal Guardian Signature: _____ Date: _____

Office Use Only

Date: _____ Amount: _____ Cash, Chk, or CC # _____ Initials: _____ Receipt # _____ CAF _____