



Fitness Classes

Early Bird Fitness

- Ages 45 & older
- Mondays, Wednesdays, & Fridays
- April 5 - June 25
- 9:00 - 9:40 a.m.
- \$45/person
- Contact Myro x2512
- msmall@marylandscoast.org

Body Shape

- Ages 18 & older
- Mondays & Wednesdays
- April 12 - May 17
- 5:30 - 6:30 p.m.
- \$45/person
- Contact Myro x2512
- msmall@marylandscoast.org

Yoga

- Ages 18 & older
- Thursdays
- April 15 - May 20
- 6:00 - 7:00 p.m.
- \$30/person
- Contact Myro x2512
- msmall@marylandscoast.org



SHAMROCK SLAM
Coast MARYLAND MARYLANDS COAST

Pickleball Tournament

Saturday & Sunday, March 20-21, 2021
Saturday - Men's & Women's Doubles
Sunday - Mixed Doubles

Worcester County Recreation Center
6030 Public Landing Road, Snow Hill MD 21863

Gameplay begins @ 8:00 am
doors open & check-in begins at 7:30 am

Open to: Ages 18 & older

\$40 per person (includes a t-shirt)

For more information or to register: www.pickleballtournaments.com
(registration ends Sunday, March 14)

For more information contact Allen Swiger at 410-632-2144 x2520
or aswiger@marylandscoast.org

Adult Drop-In

\$3 per session

Held at the Worcester County
Recreation Center

Adult Indoor Soccer

- Ages 14 & older
- Mondays
- February 1 - April 26
- 7:30 - 9:30 p.m.
- Contact Myro x2512
- msmall@marylandscoast.org

Adult Recreation Volleyball

- Ages 14 & older
- Wednesdays
- February 3 - April 28
- 7:30 - 9:30 p.m.
- Contact Myro x2512
- msmall@marylandscoast.org

Adult Pickleball

- Ages 18 & older
- Mondays, Wednesdays, & Fridays
- February 1 - March 26
- 10:00 a.m. - 1:00 p.m.
- Contact Myro x2512
- msmall@marylandscoast.org



Held at Stephen Decatur Park

Tennis Stroke Clinics

- Ages 14 & older
- Tuesdays
- May 11 & May 18
- 6:00 p.m. - 7:00 p.m.
- Contact Kelly x2503
- kbuchanan@marylandscoast.org

Adult Leagues

Open to Ages 18 & older

Co-Ed Volleyball League

- Sundays
- Begins on April 4
- 1:00-3:00 p.m.
- \$220/team
- Worcester County Recreation Center
- Contact Myro x2512
- msmall@marylandscoast.org

Adult Golf League

- Wednesdays
- Start date is May 12
- Tee time begins at 3:30 p.m.
- \$35 per person per round
- Various Courses TBD
- Contact Allen x2520
- aswiger@marylandscoast.org

Men's Softball League

- Tuesdays & Thursdays
- Begins on April 20
- 6:30-10:00 p.m.
- \$410/team
- Newtown Park - Pocomoke
- Contact Hunter x2506
- hnelson@marylandscoast.org

Co-Ed Softball League

- Fridays
- Begins on April 23
- 6:30-10:00 p.m.
- \$410/team, limit to 12 teams
- Newtown Park - Pocomoke
- Contact Hunter x2506
- hnelson@marylandscoast.org

Adult Flag Football

- Wednesdays
- Begins on April 7
- Starts at 6:45 p.m.
- \$330/team, 15 players/roster
- John Walter Smith Park
- Contact Hunter x2506
- hnelson@marylandscoast.org

Worcester County Department of Recreation & Parks

Spring 2021 Recreation Lineup



Fees: \$35 per person, \$30 for each additional child, Additional \$5 after the Registration Deadline
Financial Aid is available to those who show a demonstrated need. Proof of eligibility is required.



Youth Programs

Toddler Gym

- Ages 1 to 5 years old
- Thursdays
- April 8-June 10
- 10:00-11:00 a.m.
- Worcester County Rec. Center
- Contact Kelly x2503 kbuchanan@marylandscoast.org

Off-Site Toddler Gym

- Ages 1 to 5 years old
- Tuesdays
- May 11-June 8
- 10:00-11:00 a.m.
- Showell Park
- Contact Kelly x2503 kbuchanan@marylandscoast.org

*\$20 per child
\$15 each additional child

Little All-Stars

- Ages 2 to 5 years old
- Fridays
- April 9-June 11
- 10:00-11:00 a.m.
- Worcester County Recreation Center
- Contact Kelly x2503 kbuchanan@marylandscoast.org

Homeschool Gym

- Ages 5 - 14 years old
- Thursdays
- April 8-June 10
- 1:00-2:00 p.m.
- Worcester County Recreation Center
- Contact Kelly x2503 kbuchanan@marylandscoast.org

Youth Soccer

- Ages 3 - 8 Grade
- March 28-June 13
- Sundays
- Various Times
- John Walter Smith Park, Snow Hill
- Registration Deadline - March 24
- Contact Derek x2509 djarmon@marylandscoast.org

Paddle the Pocomoke

- Grades 4 - 8
- Tuesdays
- May 4-May 25
- 4:00-6:00 p.m.
- Pocomoke River Canoe Company
- Only 15 spots available
- Transportation from SHMS may be provided
- Contact Kelly x2503 kbuchanan@marylandscoast.org

*\$45 per child
\$40 each additional child

Hooked on Fishing

- Grades 2 - 8
- May 13-June 17
- Thursdays
- 3:30-5:30 p.m.
- Newtown Park Pond
- Registration Deadline - May 10
- Contact Myro x2512 msmall@marylandscoast.org

Active Start Tennis

- Grades K - 4
- Wednesdays
- April 21-June 9
- 4:30-6:00 p.m.
- Showell Park
- Registration Deadline - April 22
- Transportation from Showell Ele. may be provided
- Contact Kelly x2503 kbuchanan@marylandscoast.org

Active Start Flag Football

- Grades 4 - 8
- March 17-April 21
- Wednesdays
- 4:00-6:00 p.m.
- John Walter Smith Park, Snow Hill
- Registration Deadline - March 12
- Contact Derek x2509 djarmon@marylandscoast.org

Active Start Field Hockey

- Grades K - 8
- Mondays
- April 19-May 24
- 4:00-6:00 p.m.
- Worcester County Recreation Center
- Registration Deadline - April 12
- Transportation from SHES & SHMS may be provided
- Contact Kelly x2503 kbuchanan@marylandscoast.org

Active Start Pickleball

- Grades 4 - 8
- Thursdays
- April 8-May 27
- 4:00-5:30 p.m.
- John Walter Smith Park
- Registration Deadline - April 14
- Transportation from SHMS may be provided
- Contact Myro x2512 msmall@marylandscoast.org

Active Start Dodgeball

- Grades 4 - 8
- Tuesdays
- April 6-May 25
- 4:00-5:30 p.m.
- Worcester County Recreation Center
- Registration Deadline - April 5
- Transportation from SHMS may be provided
- Contact Myro x2512 msmall@marylandscoast.org

One Day Programs

Kids' Night IN - Mad Scientist

- Grades K-8
- February 26 from 5:00-7:30 p.m.
- \$30/child, \$25/additional child
- Contact Kelly x2503

Bird House Workshop

- Grades K-8
- March 6 from 10:00-11:30 a.m.
- \$5/child
- Contact Kelly x2503



Kids' Night IN - Eggstraganza

- Grades K-8
- March 26 from 5:00-7:30 p.m.
- \$30/child, \$25/additional child
- Contact Kelly x2503

Story Time

- Ages 2-5 years old
- March 26 from 10:00-11:30 a.m.
- \$5/child
- Contact Kelly x2503

Pitch Hitch & Run

- Ages 7-14 years old
- April 10 from 11:00-1:00 p.m.
- FREE!
- Contact Allen x2520

Science & Sports Combo Camp

- Grades K-8
- April 12 from 9:00-4:00 p.m.
- Extended Care option
- Prices Vary
- Contact Derek x2509

Safe Sitter

- Grades 6-8
- April 12 or June 5 from 9:00-2:30 p.m.
- \$50/child
- Contact Kelly x2503

Run Jump Throw

- Grades 2-8
- April 24 from 10:00-12:00 p.m.
- FREE / Register online
- Contact Myro x2512

Bike Safety & Fun

- Grades 1-8
- May 15 Times Vary
- \$15/child
- Contact Derek x2509



Fishing Derby

- Ages 15 & under
- May 29 from 9:30-11:30 a.m.
- FREE / Register On-Site Day of
- Contact Allen x2520



As we return to our spring programs, our priority is the health and well-being of our community members. Staff will continue to work closely with the State and local officials and follow Centers for Disease Control & Prevention (CDC) guidelines to slow the spread of Covid-19. Please note that based on the recommendations and orders of local, state, and federal officials and due to the dynamic nature of Covid-19, youth and adult programs are subject to change.