### Spring 2020 Recreation Lineup

**Youth Programs**

- **Tactical Laser Tag League**
  - Grades 6 - 8th
  - Tuesdays
  - April 14-June 2
  - 5:30-7:30 p.m.
  - Worcester County Recreation Center
  - Allen x2520 awiger@co.worcester.md.us

- **Toddler Gym**
  - Ages 1 to 5 years old
  - Tuesdays
  - April 14-June 16
  - 10:00-11:00 a.m.
  - Worcester County Rec. Center
  - Contact Kelly x2503 kbuchanan@co.worcester.md.us

- **Off-Site Toddler Gym**
  - Ages 1 to 5 years old
  - Wednesdays
  - May 13-June 10
  - 10:00-11:00 a.m.
  - Stephen Deactur Park

- **Little All-Stars**
  - Ages 2 to 5 years old
  - Fridays
  - April 3-June 5
  - 10:00-11:00 a.m.
  - Worcester County Recreation Center
  - Contact Kelly x2503 kbuchanan@co.worcester.md.us

- **Homeschool Gym**
  - Ages 5 - 14 years old
  - Thursdays
  - April 2-June 11
  - 1:00-2:00 p.m.
  - Worcester County Recreation Center
  - Contact Kelly x2503 kbuchanan@co.worcester.md.us

- **Youth Soccer**
  - Ages 3 - 8th Grade
  - March 29-June 14
  - Sundays
  - Various Times
  - John Walter Smith Park, Snow Hill
  - Registration Deadline - Tuesday, March 24
  - Contact Jacob x2506 jstephens@co.worcester.md.us

- **After School Flag Football**
  - Grades 4th - 8th
  - March 16-April 22
  - Wednesdays
  - 3:30-5:30 p.m.
  - John Walter Smith Park, Snow Hill
  - Registration Deadline - Wednesday, March 11
  - Contact Mike x2509 mhedlesky@co.worcester.md.us

- **After School Fishing**
  - Grades 2nd - 8th
  - May 14-June 11
  - Thursdays
  - 3:30-5:30 p.m.
  - Newtown Park Pond
  - Registration Deadline - Thursday, May 7
  - Contact Jacob x2506 jstephens@co.worcester.md.us

- **After School Tennis**
  - Grades K - 4th
  - Wednesdays
  - April 29-June 3
  - 3:30-5:30 p.m.
  - Showell Park
  - Registration Deadline - Thursday, April 23
  - Contact Kelly x2503 kbuchanan@co.worcester.md.us

- **After School Canoe**
  - Grades 4th - 8th
  - Tuesdays
  - May 5-May 26
  - 3:30-5:30 p.m.
  - Pocomoke River Canoe Company
  - Transportation from SHMS is provided
  - Contact Jacob x2506 jstephens@co.worcester.md.us

- **After School Field Hockey**
  - Grades K - 8th
  - Mondays
  - April 20-June 1
  - 3:30-5:30 p.m.
  - Worcester County Recreation Center
  - Registration Deadline - Monday, April 13
  - Transportation from SHES & SHMS is provided
  - Contact Kelly x2503 or kbuchanan@co.worcester.md.us

- **After School Pickleball**
  - Grades 4th - 8th
  - Thursdays
  - April 16-June 4
  - 3:30-4:30 p.m.
  - John Walter Smith Park
  - Registration Deadline - Friday, April 3
  - Transportation from SHMS is provided
  - Contact Myro x2512 or msmith@co.worcester.md.us

- **Soft Lacrosse Clinic**
  - Ages 8 - 13
  - April 7-May 12
  - Tuesdays
  - 5:30-6:30 p.m.
  - John Walter Smith Park
  - Registration Deadline - Wednesday, March 31
  - Contact Mike x2509 mhedlesky@co.worcester.md.us

### One Day Programs

- **Glamour Day**
  - Grades preK-6th
  - March 7 from 10:00-11:00 a.m.
  - $25/child
  - Contact Kelly x2503

- **Kids’ Night IN**
  - Grades K-6th
  - March 20 from 5:00-7:30 p.m.
  - $35/child, $30/additional child
  - Contact Kelly x2503

- **Science & Sports Combo Camp**
  - Grades K-8th
  - April 6 from 9:00-4:00 p.m.
  - Extended Care option
  - Prices Vary
  - Contact Jacob x2506

- **Run Jump Throw**
  - Grades 2-6th
  - April 19 from 10:00-12:00 p.m.
  - FREE / Register online
  - Contact Myro x2512

- **Dodgeball & Dinner**
  - Grades 2-6th
  - April 24 from 5:30-7:30 p.m.
  - $15/child
  - Contact Kelly x2503

- **Sports Combo Camp**
  - Grades K-8th
  - April 28 from 9:00-4:00 p.m.
  - Extended Care option
  - Prices Vary
  - Contact Jacob x2506

- **Fishing Derby**
  - Ages 15 & under
  - May 30 from 9:30-11:30 a.m.
  - FREE / Register online
  - Contact Jacob x2506
## Fitness Classes

### Early Bird Fitness
- Ages 45 & older
- Mondays, Wednesdays, & Fridays
- April 6 - June 26
- 9:00 - 9:40 a.m.
- $45/person
- Contact Myro x2512
- msmall@co.worcester.md.us

### Body Shape
- Ages 18 & older
- Mondays & Wednesdays
- April 13 - May 20
- 5:30 - 6:30 p.m.
- $45/person
- Contact Myro x2512
- msmall@co.worcester.md.us

### Yoga
- Ages 18 & older
- Thursdays
- April 16 - May 21
- 6:00 - 7:00 p.m.
- $30/person
- Contact Myro x2512
- msmall@co.worcester.md.us

## Adult Drop-In

### Adult Indoor Soccer
- Ages 14 & older
- Mondays
- February 3 - April 29
- 7:00 - 9:00 p.m.
- Contact Jacob x2506
- jstephens@co.worcester.md.us

### Adult Recreation Volleyball
- Ages 14 & older
- Wednesdays
- April 8 - June 24
- 7:00 - 9:00 p.m.
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

### Adult Pickleball - Day
- Ages 18 & older
- Mondays, Wednesdays, & Fridays
- February 3 - April 29
- 10:00 a.m. - 1:00 p.m.
- Contact Myro x2512
- msmall@co.worcester.md.us

### Adult Pickleball - Weekends
- Ages 18 & older
- Saturdays
- April 4 - June 6
- 10:00 a.m. - 2:00 p.m.
- Contact Myro x2512
- msmall@co.worcester.md.us

### Adult Recreation Tennis
- Ages 14 & older
- Tuesdays
- May 19 & May 26
- 6:00 p.m. - 8:00 p.m.
- Contact Kelly x2503
- kbuchanan@co.worcester.md.us

### Stroke Clinics on 5/5 & 5/12 from 6:00-7:00 p.m.

## Adult Leagues

### Co-Ed Volleyball League
- Sundays
- March 22 - June 7
- 1:00-3:00 p.m.
- $220/team
- Worcester County Recreation Center
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

### Adult Golf League
- Wednesdays
- Start date is May 13
- 5:00 p.m. - 9 hole shotgun
- $35 per person per round
- Various Courses TBD
- Contact Allen x2520
- aswiger@co.worcester.md.us

### Men’s Softball League
- Tuesdays & Thursdays
- Begins on April 14
- 6:30-10:00 p.m.
- $410/team
- Newtown Park - Pocomoke
- Contact Jacob x2506
- jstephens@co.worcester.md.us

### Co-Ed Softball League
- Fridays
- Begins on April 17
- 6:30-10:00 p.m.
- $410/team, limit to 12 teams
- Newtown Park - Pocomoke
- Contact Jacob x2506
- jstephens@co.worcester.md.us

### Adult Flag Football
- Wednesdays
- April 1 - June 3
- Starts at 6:45 p.m.
- $330/team, 15 players/roster
- John Walter Smith Park
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

## Spring Motorcoach Trips

### Tuesday, March 3
Philadelphia Flower Show

### Monday, March 30
Arlington Cemetery Tour & Washington DC On Your Own

### Saturday, April 25
New York City On Your Own

### Saturday, May 9
Sip Into Spring Festival & Cape May On Your Own

Contact Brianna x2514
bdix@co.worcester.md.us